

AFRH - G / MASTER MENUS / F-1a, MAY 2015 / CYCLE ONE - REGULAR LINE / WEEK OF 08 / 31 / 2015

	BREAKFAST	LUNCH	DINNER
M O N Aug 31st	Donuts / Bran Muffins Assorted Muffins Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon French Toast / Shredded Hash Browns Biscuits / Sausage Gravy	Vegetable Beef & Barley Soup Chili Bean Soup Hot Rueben Sandwiches Grilled Ham Lg White Lima Beans / White Rice Stewed Cabbage Seasoned Green Beans Brown and Serve Rolls / Cornbread	Chili Bean Soup Vegetable Beef & Barley Soup Assorted Deli Meats / Cheeses Fried Chicken Breast Sandwich w/ Pepper Gravy & Potato Logs Normandy Blend Vegetables Corn Casserole Sandwich Buns / Sliced Bread
T U E S Sep 1st	Donuts / Bran Muffins Pecan Swirl Danishes Oatmeal / Cream of Wheat Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Lyonnais Potatoes Biscuits / Country Gravy	Cream of Broccoli Soup Chicken Noodle Soup BBQ Chicken Sliders Meatloaf Mashed Potatoes w/Gravy Carrot Soufflé Sugar Snap Peas Parker House Rolls / Cornbread	Chicken Noodle Soup Cream of Broccoli Soup Assorted Deli Meats / Cheeses Baked Fish Almandine Baked Potato w/Sour Crm/Butter Southern Fried Succotash Harvard Beets Yeast Rolls / White & Wheat Bread
W E D Sep 2nd	Donuts / Bran Muffins Assorted Coffee Cakes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks Buttery Potatoes / Baked Beans Corn Muffins / Biscuits / Country Gravy	Chicken Tortilla Soup Split Pea Soup Stuffed Peppers Roasted Pork Loin w/Apples Baked Sweet Potatoes Speckled Butter Beans w/Okra Cape Cod Almandine Blend Slider Rolls / Cornbread	Split Pea Soup Chicken Tortilla Soup Assorted Deli Meats / Cheeses Pepper Steak 'n Gravy Steamed Rice w/Gravy Broccoli Florets Creamy Cauliflower Brown&Serve Rolls / White&Wheat Bread
T H U R S Sep 3rd	Donuts / Bran Muffins Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Sausage Links / Shredded Hash Browns Apple Pancakes Biscuits / Country Gravy	Knickerbockers Soup Clam Chowder Italian Sausage, Peppers, Onions Fried Chicken Mashed Potatoes w/Chicken Gravy Squash Casserole Mustard Greens Corn Muffins / Cornbread	Clam Chowder Knickerbockers Soup Assorted Deli Meats / Cheeses Sweet & Sour Ribs w/Asian Style Noodles Stir Fried Asian Vegetables Buttery Green Peas Assort Rolls / White & Wheat Bread
F R I Sep 4th	Donuts / Bran Muffins Assorted Danishes Oatmeal / Cream of Wheat Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Ground Beef Home Fried Potatoes Biscuits / Country Gravy	Kansas City Steak Soup Chicken & Rice Soup Sloppy Joes w/Buns Fried Shrimp w/Cocktail/Tartar Sauce Southern Potato Salad Fried Okra Baby Carrots Hushpuppies / Cornbread	Chicken & Rice Soup Kansas City Steak Soup Assorted Deli Meats / Cheeses Grilled Chopped Beef Steak Steak Fries Club Spinach Stewed Tomatoes Dinner Rolls / White & Wheat Bread
S A T Sep 5th	Donuts / Bran Muffins Assorted Coffee Cakes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Corned Beef Hash O'Brian Potatoes Biscuits / Country Gravy	Loaded Potato Soup Italian Wedding Soup Turkey & Cheese Croissant Ground Meat and Tomato Sauce Spaghetti Italian Green Beans Caesar Salad Garlic Bread / Cornbread	Italian Wedding Soup Loaded Potato Soup Assorted Deli Meats / Cheeses Orange Chicken Rice Pilaf Roasted Asparagus Spears Mixed Vegetables Yeast Rolls / White & Wheat Bread
S U N Sep 6th	Donuts / Bran Muffins Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks Pineapple Waffles / Cheesy Potatoes Biscuits / Country Gravy	Cream of Onion Soup Fresh Tomato Tortellini Soup Egg Salad Barbeque Beef Brisket Western Baked Beans Coleslaw Collard Greens Brown and Serve Rolls / Cornbread	Fresh Tomato Tortellini Soup Cream of Onion Soup Assorted Deli Meats / Cheeses Country Fried Steaks/White Gravy Mashed Potatoes / Brown Gravy Corn on Cob / Whole Kernel Corn Brussels Sprouts Slider Rolls / White & Wheat Bread

DESSERTS - REGULAR LINE

Mon	Egg Custard Pie
Tue	Oatmeal & Raisin Cookies
Wed	MS Mud Cake
Thu	Cheesecake w/Drizzle
Fri	Coconut Meringue Pie
Sat	Lemon Cookies
Sun	Cherry Cobbler

DESSERTS - DIET LINE

NSA Coconut Cream Pie
Assorted SF Cookies
Fresh Fruit Cups
Sponge Cake w/Mandarin Oranges
NSA Peach Pie
Assorted SF Cookies
Tropical Fruit Cups

DAILY SHORT ORDER LINE - LUNCH ONLY

Grilled Hamburgers w/ Buns / Sliced Cheese
Grilled Hot Dogs w/ Buns / Chili / Cheese Sauce
Grilled Chicken Breast w/ Corn Rolls
Grilled Cheese Sandwiches on White or Wheat
Condiments: Green Leaf Lettuce / Sliced Tomatoes
Sliced Red Onions / Dill Pickle Slices
Horseradish / Bacon / French Fried Potatoes